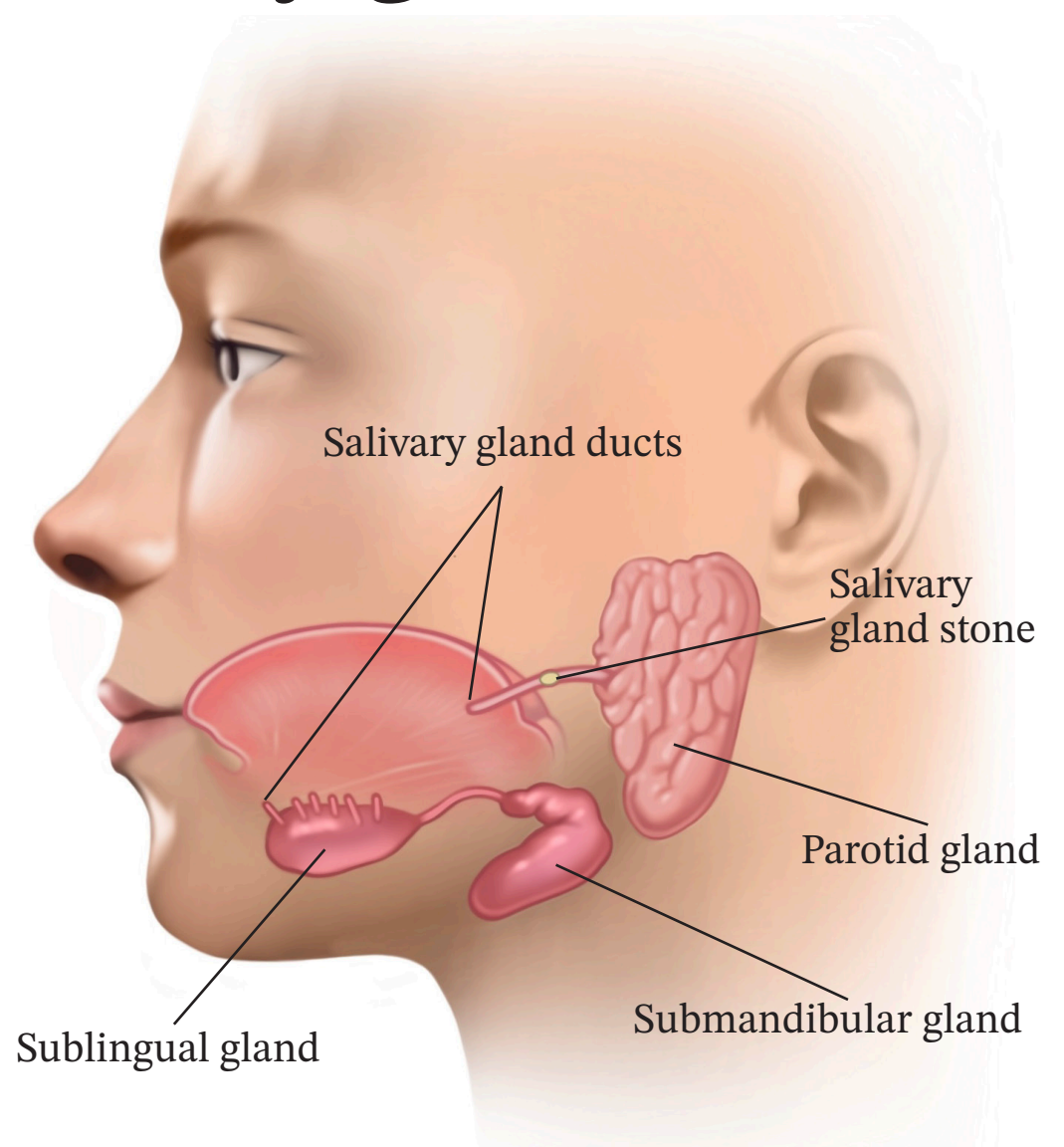


Sialolithiasis AKA salivary gland stones

Sialolithiasis, or salivary stones, refers to the formation of stones within the salivary glands. These stones can cause blockages that limit saliva flow, facial pain and swelling, dry mouth, and unusual taste, a bump under the tongue, or no symptoms at all. Sialolithiasis most frequently affects males ages 30-60, and rarely affects children. Salivary stones are rare, affecting 1 in 30,000 individuals. Salivary stones can be treated through multiple different avenues.

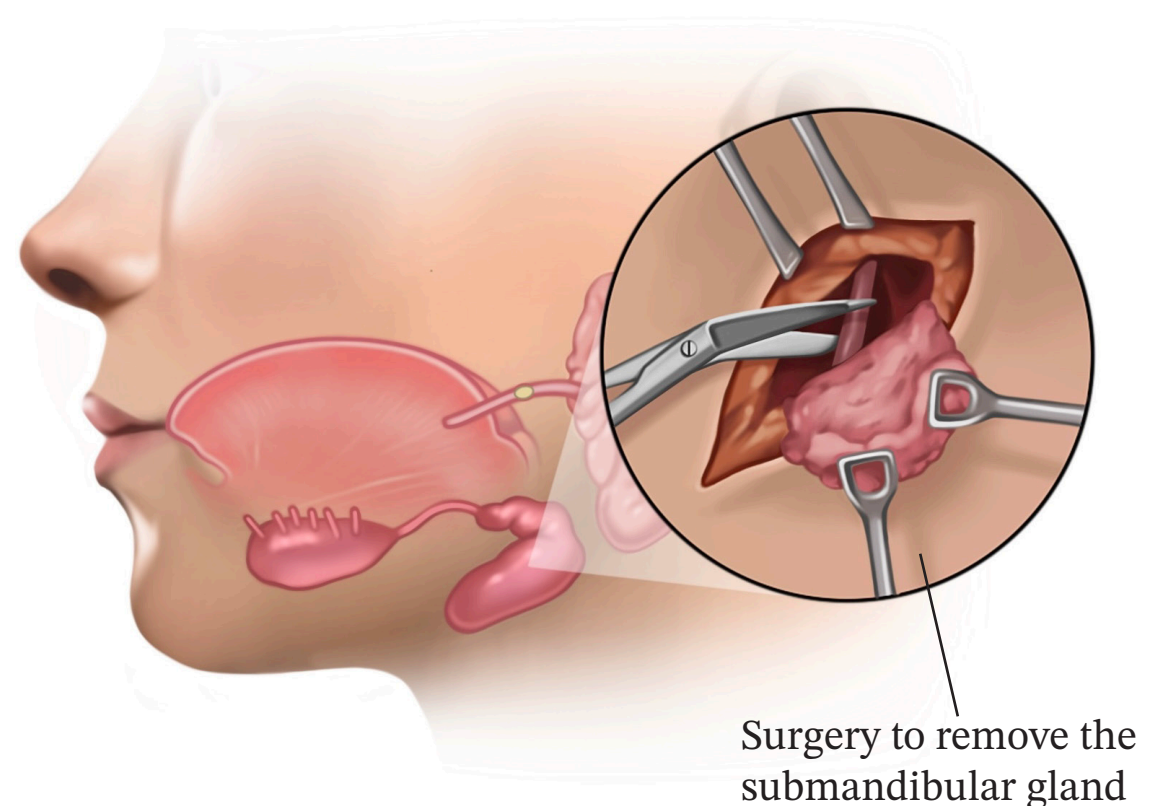


What Causes Salivary Gland Stones?

- Dehydration and Smoking
- Trauma to your salivary glands
- Autoimmune diseases such as lupus and Sjogren's syndrome
- Medications such as diuretics.
- Sometimes there is no obvious cause.

How to Treat Salivary Gland Stones

- Consult a dentist or doctor to determine a treatment plan
- If cleared by your doctor, at home remedies such as a gland massage or NSAID's can be used
- If infection is causing the stones, antibiotics can be prescribed
- Surgery to remove the stones or the entire salivary gland is sometimes needed



How to Prevent Salivary Gland Stones

It is impossible to 100% prevent Salivary gland stones, but Staying hydrated, not using tobacco products and good oral hygiene are the best ways to prevent them. If your Salivary ducts start to hurt or feel sensitive, consult with a dentist or doctor to determine the reason.

