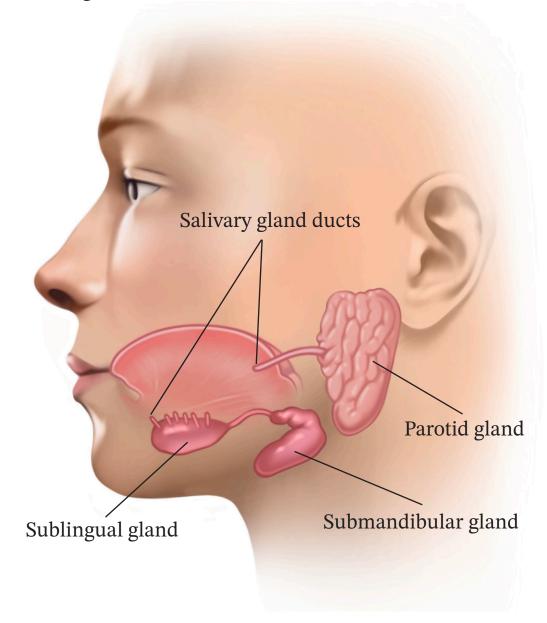
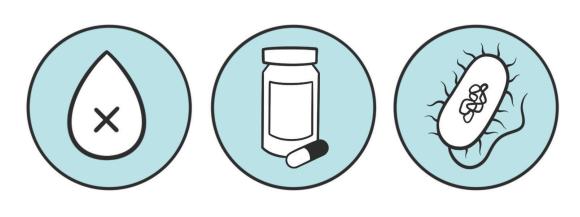
Sialadenitis AKA Salivary Gland Infection

Sialadenitis is the term for inflammation of one or multiple of your salivary glands. Salivary glands make saliva that helps you swallow, digest food, and protect your teeth. Sialadenitis can be sudden, long term or returning condition. Anyone can get an infection, but common in adults older than 50, but also occurs in infants during the first weeks of their life, people recovering from surgery, or people with autoimmune diseases. If left untreated the infection can move into the deep tissues and cause severe health problems. Keep track of any symptoms you may experience such as enlarged, tender, or discolored salivary glands, fever, pain, lack of saliva, or swelling in your cheek or neck.





How to Treat Salivary Gland Infections

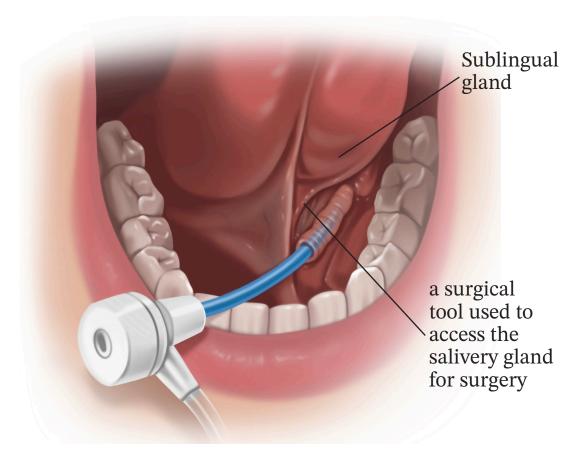
- Consult a dentist or healthcare provider to find out which treatment is neccessary.
- Antibiotics are the first treatment option.
- Home remedies such as staying hydrated, sucking on sour candy, massaging salivary glands, and improving oral hygiene.
- For severe cases antibiotics can be administered via an IV in your arm.
- Surgery to remove the infected tissue from your Salivary gland.





Causes of Salivary Gland Infections?

- Bacterial or viral infection
- Dehydration
- Medications such as diuretics, antihistamines, and beta blockers
- Autoimmune diseases
- Poor oral hygiene.
- Contact with the saliva of someone with a Sialadenitis infection



How to Prevention Sialadenitis

In Many cases Sialadenitis cant be prevented. Proper Oral Hygiene will help prevent some cases of bacterial infection.